



CSC OPTIMIST CHAMPIONSHIPS

Silver Fleet: 5th – 7th DEC 2018

Gold Fleet: 11th – 14th DEC 2018

Changi Sailing Club, Singapore

Organising Authority: Changi Sailing Club

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the:

- The Optimist Class Rules
- Racing Rules of Sailing (RRS)
- Notice of Race (NOR) & Sailing Instruction (SI)

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Changi Hall, Changi Sailing Club.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted one hour before the D flag is displayed on the day it will take effect, except that any change to the schedule of the races will be posted by 2000hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flagstaff located at the CSC jetty.

4.2 When AP flag is displayed ashore before the first warning signal, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

4.3 **A boat shall not launch until Flag D is displayed with 1 sound signal.**

Flag D means: 'The warning signal will be made not less than 45 minutes after flag D is displayed. Boats shall not launch until this signal is made.'

5 SCHEDULE OF RACES

5.1 Silver Fleet 5th – 7th December 2018

DATE	ACTIVITIES	TIME
5 th – 7 th Dec	Daily Skipper's Briefing	0945hrs
Wednesday, 5 th December	1 st , 2 nd & 3 rd Race	1100hrs (First Warning)
Thursday, 6 th December	4 th , 5 th & 6 th Race	1100hrs (First Warning)
Friday, 7 th December	7 th , 8 th & 9 th Race	1100hrs (First Warning)
	Prize award presentation	2 hour after the conclusion of the last race.

5.2 **Gold Fleet 11th – 14th December 2018**

DATE	ACTIVITIES	TIME
11 th – 14 th December	Daily Skipper's Briefing	0945hrs
Tuesday, 11 th December	1 st , 2 nd & 3 rd Race	1100hrs (First Warning)
Wednesday, 12 th December	4 th , 5 th & 6 th Race	1100hrs (First Warning)
Thursday, 13 th December	7 th , 8 th & 9 th Race	1100hrs (First Warning)
Friday, 14 th December	10 th , 11 th & 12 th Race	1100hrs (First Warning)
	Prize award presentation	2 hours after the conclusion of the last race.

5.3 Three (3) races are scheduled per day.

5.4 Races may be sailed ahead of schedule except that there will be at least 1 race on the last day.



5.5 There shall be no more than four scheduled races each day.

5.6 On the last day of the regatta, no warning signal will be made after 1530 hrs.

5.7 After a long postponement, to alert boats that a race sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.

6 CLASS FLAGS

Class flags will be:

Class	Flag
Optimist Silver Fleet	Optimist logo on "white backing" 
Optimist Gold Fleet	Optimist logo on "yellow backing" 

7 RACING AREA

Attachment 1 shows the location of racing areas.

8 THE COURSES

The diagram in Attachment 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9 MARKS

9.1 The following are the rounding marks:

Mark 1 will be a red cylindrical buoy.
Mark 4s/4p are gate marks; yellow cylindrical buoys.

9.2 New mark, as provided in instruction 11.1 will be a pink spherical mark.

9.3 The finishing mark will be a blue cylindrical mark.

10 THE START

- 10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 10.2 The starting line will be between staffs displaying ~~an~~ orange flags on the Race Committee starting boat and a pin end boat.
- 10.3 A boat starting later than **4 minutes** after her starting signal will be scored Did Not Start.
- 10.4 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least four minutes before a warning signal is displayed.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

12 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee boat and the finishing mark.

13 PENALTY SYSTEM

- 13.1 Appendix P will apply as changed by instructions 13.2.
- 13.2 Rule P2.3 will not apply and Rule P2.2 is changed so that it will apply to any penalty after the first one.

14 TIME LIMITS

- 14.1 If no boat has passed Mark 1 within 30 minutes, the race will be abandoned. Failure to abandon will not be grounds for redress. This changes rule 62.1 (a).
- 14.2 The time limit for the first boat to sail the course and finish is 70 minutes. Failure to abandon will not be grounds for redress. This changes rule 62.1(a).
- 14.3 Silver Fleet - Boats failing to finish within 30 minutes after the first boat sails the course and finishes, will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 14.4 Gold Fleet - Boats failing to finish within 20 minutes after the first boat sails the course and finishes, will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

15 SHORTENING OF COURSE

Courses may be shortened at any mark of the course in accordance with RRS rule 32.

16 PROTEST AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the check-out / in counter. Protests and requests or redress or reopening shall be delivered there within the appropriate time limit, accompanied by a deposit of S\$30. The deposit will be returned if the protest or request for redress or reopening is found as not frivolous.
- 16.2 A boat intending to protest shall inform the race committee at the finishing line of her intentions immediately after finishing.
- 16.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Ward Room, located on the second storey of Changi Sailing Club.
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6 A list of boats that, under instruction 13.1, have been penalised for breaking rule 42 will be posted.
- 16.7 Breaches of instructions 19 and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches, if not stated in the sailing instruction, may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 16.8 On the last scheduled day of racing, a request for reopening a hearing shall be delivered:
(a) within the protest time limit if the requesting party was informed of the decision on the previous day;
(b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 16.9 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17 SCORING

- 17.1 A maximum of 9 & 12 races are scheduled for the silver (9) and gold fleet (12) respectively.
- 17.2 Silver Fleet - A minimum of 3 races are required to be completed to constitute a series.
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst excludable score.
 - (c) When 9 races have been completed, a boat's series score will be the total of her race scores excluding her 2 worst excludable scores.

- 17.3 Gold Fleet - A minimum of 3 races are required to be completed to constitute a series.
- (a) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 6 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst excludable score.
 - (c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her 2 worst excludable scores.

17.4 The Low Point Scoring System of Appendix A shall apply.

18 IDENTIFICATION

All boats must carry a distinguishing number or letter on the mainsail.

19 SAFETY REGULATIONS

19.1 **All competitors shall wear personal flotation devices at all times whilst afloat.**

19.2 A boat failing to comply with instruction 19.1 may be protested by the race committee or protest committee. The penalty is a DSQ in all the races of the day.

19.3 **Check-out and check-in:** Each boat shall personally sign-on on the forms provided at the Race Control Office prior to launching for the first race of the day. After arriving on shore, each boat shall personally sign-off on the forms provided within the protest time limit.

19.4 A boat failing to comply with instruction 19.3 may be protested by the race committee. The penalty is a DSQ in the first race of the day.

19.5 A boat that retires from a race shall notify the race committee as soon as possible.

19.6 Standard Maritime Port Authority of Singapore (MPA) safety requirements will apply. In particular, all boats must keep clear of larger vessels making way in restricted channel. **At no times** shall any boats be in the shipping channel. Official safety boats will be on standby to guide or alter the course of sailors, and sailors shall comply with any reasonable request from race officials for their own personal safety.

20 SUPPORT BOATS

20.1 Team Leaders, coaches and other support personnel shall stay **50m** outside areas where boats are or will be racing, **from the time the orange flag is displayed** until all boats in that race have finished or the race committee signals a postponement or abandonment. When a race committee or jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.

20.2 All boats associated with the infringing support boat may be penalised at the discretion of the jury for the race on which the support personnel failed to comply with SI 20.1. This changes rule 63.1.

21 ADVERTISING

All boat and her crew shall comply with World Sailing Regulation 20, Advertising Code.

22 TRASH DISPOSAL

Boats shall not put trash in the water.

23 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

24 PRIZES

Prizes will be given as follows:

<i>Event</i>	<i>Category</i>	<i>Prizes</i>
Silver Fleet	Overall Open Division	1 st to 10 th
	Novice Mixed (First-time racing in a national ranking event)	1 st to 5 th
	Junior Mixed (Born after 1 st Jan 2009)	1 st to 5 th
Gold Fleet	Challenge Trophy	1 st
	Overall Open Division	1 st to 10 th
	Junior Mixed (Born after 1 st Jan 2009)	1 st to 5 th

25 DISCLAIMER

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

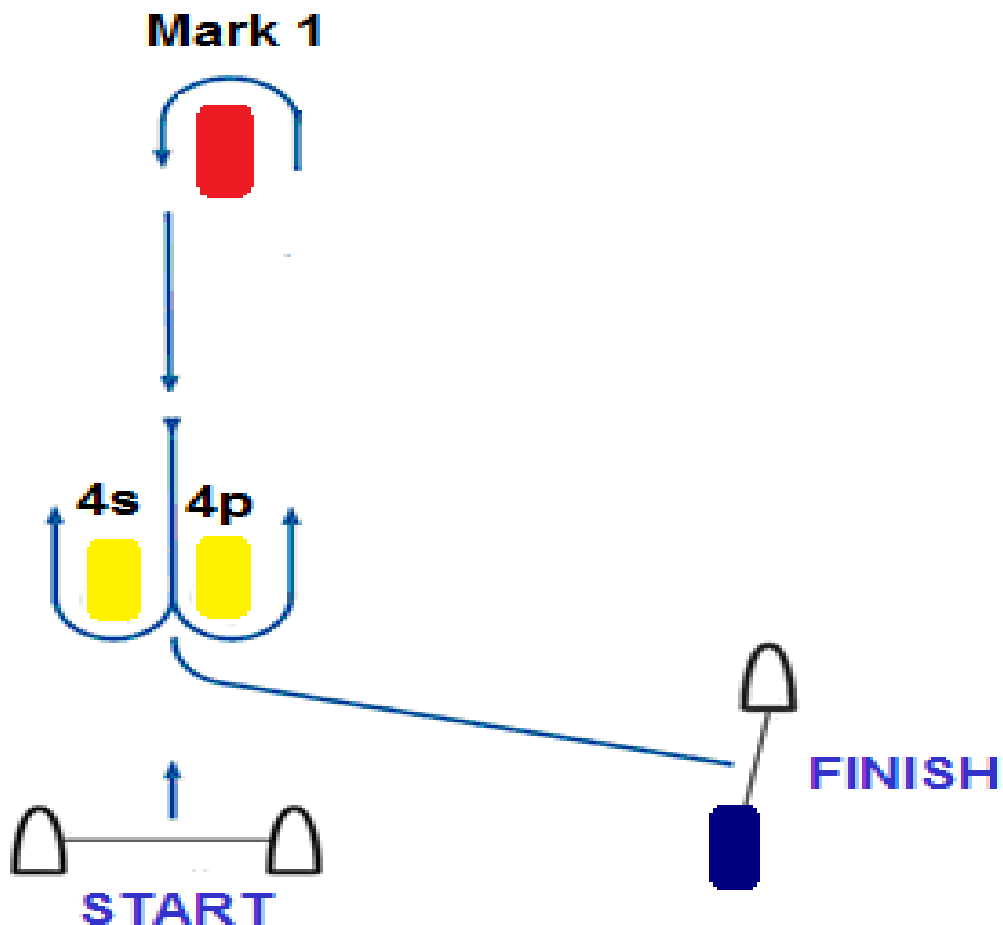
26 INSURANCE





Each participating boat shall be insured with adequate valid third-party liability insurance cover

ATTACHMENT 1 – RACE COURSE AREA



ATTACHMENT 2 – RACE COURSE DIAGRAM



Signal	Mark Rounding Order
Numeral Pennant No.1 	Start – 1 – 4s/4p – Finish
Numeral Pennant No.2 	Start – 1 – 4s/4p – 1 – 4s/4p – Finish
Numeral Pennant No.3 	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish
Numeral Pennant No.4 	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish

Note: All marks to **port** unless otherwise stated.